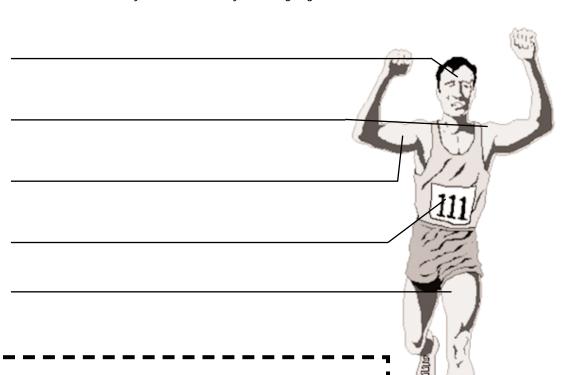
JUNIE B.'s MUSCLE MANIA

Directions: Muscles are very 'portant for Field Day and EVERY day! If you don't warm them up and they work too hard, you can get a clam! (Or is it a cramp?) Anyway, here are five very 'portant muscles in our bodies. See if you can put the name of the right muscle in the right place on this gorgeous muscle man! And don't let the names scare you 'cos they're not even English.

They are from a very old language whose name is Latin.



Frontalis: moves forehead

Deltoid: moves shoulder and upper arm

Biceps: bends arm

Rectus abdominis: moves stomach area

Sartorius: bends and turns leg